



SUPPLEMENTAL FUNDING
San Luis Obispo County

Central Coast

May – June – July – August 2011

Volunteer's Voice

Senior Volunteer Service of San Luis Obispo County and North Santa Barbara County
is partially funded by the Corporation for National and Community Service

RETIRED AND SENIOR VOLUNTEER PROGRAM 660 PISMO STREET SAN LUIS OBISPO 805-544-8740

RSVP News by Marie Brinkmeyer

Dear friends:

Here we are – halfway through Springtime and still excited about our recent Recognition Events. The numbers of RSVP volunteers reaching the 300, 500, and 1,000 hours of volunteer service are amazing, as are the totals of more than 190,000 hours of service for 2010.

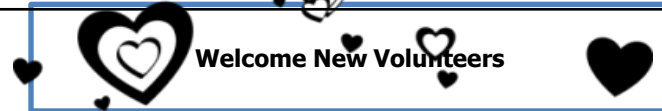
It's a good thing we had our events when we did because just a week after the last one I was told that we were having our Federal Grant reduced by 20%, effective April 1, 2011. Not easy to make such a significant adjustment retroactively but we are working hard to accomplish the reduction without drastically diminishing the effectiveness of the program. This reduction came about as the result of "high level" negotiations between the President and Congress on April 15th, in an attempt to reduce the overall Federal deficit.

You will find more information on an insert in this issue of our Volunteer's Voice. Please read through it and give me a call if you have any questions. Also, please take the time to make your voice heard and let your Congressional Representatives know of the value of RSVP to the communities we serve. Our partner agencies continually stress they would be hard-pressed to maintain their levels of service without our experienced RSVP volunteers. The added benefit of course is that our volunteers remain happier, healthier and more engaged in meaningful service throughout their senior years. It's definitely a win-win!

- Marie

Welcome New Stations

Earth Day Alliance
SCORE
SLO Nightwriters
Templeton Community Services District



- | | |
|-----------------------|---------------------|
| Narges Abbasgholikhan | Janet McMillin |
| Mary Adamy | John McMillin |
| Daniel Anderson | Carolyn Moede |
| James Anderson | Lee Moede |
| Mark Arnold | Vicki Moore |
| June Beck | Marty Nelson |
| Carol Berry | Cindy Newton |
| Charmayne Brooks | Betty Novak |
| Arlene Butler | Donna Peabody |
| Terence Cagan | Karen Perre-Blanco |
| Jeanette Cardoza | Sharon Philippe |
| Missy Collet | Phyllis Poe |
| Vicki Conkle | Charlene Premer |
| Olivia Cosley | Betty Priest |
| Dianna Curtis | Patsy Ramba |
| Rosalie Draeger | Yvonne Ramos |
| Sandra Ebelherr | William Randall |
| Paul Edwards | Bill Richard |
| Patricia Ferguson | Marian Richard |
| Ann Fletcher | Hugh Richardson |
| Robert Fountain | Dorothy Roark |
| Roberta Fountain | Linda Ross |
| Jane Godfrey | Elizabeth Rousseau |
| Michael Grahek | Bill Rubin |
| Christine Greek | Bettina Salter |
| Barbara Hagerty | Lawrence Schanfield |
| Donna Halley | Peter Schellin |
| Sharyl Heber | Elaine Schmidt |
| Kathlene Henry-Gorman | Leona Schob |
| Maryann Henson | Lynne Schultz |
| Robert Hill | Joan Schuman |
| Peggy Hinton | Linda Schweitzer |
| Delia Horwitz | Nancy Shearer |
| Charles Hutchins | Dean Smith |
| Pamela Hutchins | Sue Smith |
| Alice Isaac | Gary Steenson |
| Menno Issac | Valerie Steenson |
| Virginia Jensen | Frances Strauser |
| Mark Jordan | Mark Sullivan |
| Kenneth Koch | Susan Tuttle |
| Myra Lathrop | Gilbert Walton |
| Eric Lemmon | Jane Weidner |
| Chris Lopez | Jean White |
| Mona Lopez | Eleanor Williams |
| Pamela Malkin | William Wurth |
| Jimmie Mc Dermott | |

Good times were had by all who attended one of our Recognition Events. Whether you went to the one at the Radisson in Santa Maria, the Embassy Suites in San Luis Obispo, or The Atascadero Pavilion, the menu and the program were the same. The lovely brunch preceded the presentation of awards and acknowledgment of the incredible number of hours given to our communities. In all, more than 190,000 hours of service were logged during 2010 (*and we are certain not everyone is consistently reporting*).

When we think about the fact that RSVP has been in the communities we serve for almost 40 years it is no wonder that many of those especially recognized have over 20 years of service. What is amazing though is the fact that these very same volunteers continue to give of themselves with many, many hours of service consistently over the years. That confirms what we keep espousing - active and engaged seniors are healthier as a result of their service. *Congratulations to all.*

Pictures tell a thousand words - but let us highlight the following RSVP Members and Stations:

Carol Conway Award - Spirit of Volunteerism!

San Luis Obispo County - The Atascadero Police Department Team -
Patrick Benedict, George Shyavitz & Russell Tolchard

Northern Santa Barbara County - Franca Lockard

Volunteers of the Year

San Luis Obispo County:

- Northern District - Team of Shirley & Bob McClure
- Central District - Grace Ewert
- Southern District - Shirley Hancock

Northern Santa Barbara County: Lawrence "Larry" Potter

Volunteers with Most Hours

- Northern District - William Pluma
- Central District - Virginia Kasper
- Southern District - Rosemary Lindgren

Volunteers with Over 1,000 Hours

San Luis Obispo County: Virginia Kasper, Marian Lawson, Rosemary Lindgren, Patricia Machen, Patricia McKaye, Gil Orosco, Beth Peterson, William Pluma, George Shyavitz, Marie Wilson & Peter Zepeda

Northern Santa Barbara County: Bobbie Alleman, Peter Burgett, Sharon Eames, Fred Holmes, & Franca Lockard

Stations of the Year

San Luis Obispo County - Paso Robles Salvation Army
Northern Santa Barbara County - Community Partners in Caring

We had wonderful donations and gave away door prizes at each event plus the lucky Money Tree Winners were:



Radisson Hotel

Embassy Suites

Pavilion

\$100.00
\$ 50.00

James Abeloe
Sis Lest

Denise Cooper
Anthony Toscano

Renee Clark
Linda Ross

Opportunities to Make a Difference!



Help
Wanted

Opportunities are listed in each issue of our newsletter. Because we now have so many requests for volunteers we are only going to list the area and agency in need of assistance. When you call our office we will be happy to give you full information about a particular opportunity and we will also offer a "full listing" on our website, www.RSVPCentralCoast.org. We are delighted when current RSVP members offer to help, but we especially ask that you pass along these opportunities to friends and encourage them to join RSVP and volunteer. Additional information is available by calling 544-8740 in San Luis Obispo or 922-9931 in Santa Maria.

The RSVP office is accepting applications to serve on the Board of Directors. Individuals with prior grant writing experience and/or fund-raising expertise would be most welcome. We have another opportunity in our office for a "Happy Birthday" volunteer. These needs are critical and on-going. We are also seeking more volunteer Writers/Reporters for a regular column in future issues of "The Volunteer's Voice". We specifically need someone in South County SLO and the Santa Maria area.

SLO Countywide Opportunities

Have fun volunteering at special events and fundraisers throughout the county!! Many, many opportunities exist that need to be filled. Volunteers assist with registration, serving, helping set-up and breakdown, etc. This is a great way to contribute to community service, without a long-term commitment. Please call the RSVP Offices at either 544-8740 or 922-9931 to sign up for our on-call list.

Cayucos Senior Center
 Central Coast Veterans Memorial Museum
 Community Health Centers (Specialty Clinics)
 County Medical Services Program
 Creative Mediation - SLO
 Del Mar Elementary School (SLCUSD)
 Family Care Network
 Food Bank of SLOCO
 Garden House in Morro Bay
 Grizzly Youth Academy
 Habitat for Humanity - SLO
 History Center of SLO County
 Hospice of SLO County
 Hospice Partners of the Central Coast
 Judson Terrace
 Mission View Health Center - SLO
 Morro Bay Senior Center
 Morro Coast Audubon Society Nature Preserve
 One Cool Earth
 Pacific Wildlife Care
 Point San Luis Lighthouse - Avila
 Salvation Army - SLO & Morro Bay
 San Luis Coastal Unified School District
 San Luis Obispo Botanical Garden
 San Luis Obispo County Airport & Amtrak Stations
 San Luis Obispo County Library - SLO
 San Luis Obispo Little Theatre - SLO
 San Luis Obispo Senior Center
 SCORE (Service Corps of Retired Executives)
 Sierra Vista Regional Medical Center - Volunteer Auxiliary
 SLO County Recorder's Office
 SLO BUNS
 SLO Noor Foundation
 The Abundance Shop - Los Osos
 The Jack House (City of SLO)
 The Museum of Natural History at Morro Bay State Parks
 United Voluntary Services Thrift Shop

SLO COUNTYWIDE OPPORTUNITIES

American Red Cross
 Braille Institute
 Caring Callers
 CASA (Court Appointed Special Advocates)
 Coalition for Low Income Housing
 Community Action Partnership (CAP)
 Community Counseling Centers
 ECO-SLO - County Parks
 Family Care Network
 Food Bank Coalition of SLO County
 GenSpan
 Good Neighbor Program
 Habitat for Humanity - Paso Robles & SLO
 Literacy Council for SLO County
 National Multiple Sclerosis Society
 Salvation Army
 SLO County Office of Education
 SLO YMCA
 Senior Nutrition Program of SLO County

CENTRAL COUNTY OPPORTUNITIES

Alzheimer's Association (SLO)
 Cal State Parks - Oceano Dunes & Coastal District

NORTH COUNTY OPPORTUNITIES

Atascadero Police Department
 Atascadero Senior Center
 Cambria Historical Museum
 Camp Roberts Historical Museum
 Coast Caregiver Resource Center
 El Camino Homeless Organization (ECHO)
 Estrella Warbird Museum
 Friendly Rides 4 Seniors
 Friends of the Ríos-Caledonia Adobe - San Miguel
 Habitat for Humanity - Paso Robles
 Homeless Animal Rescue Team (HART) - Cambria
 Loaves & Fishes- Paso Robles
 Paso Robles City Library
 Paso Robles Historical Society
 Paso Robles Police Department -
 Community Volunteer Police Patrol
 Peoples' Self-Help Housing Center - Paso Robles
 Pioneer Museum - Paso Robles
 Salvation Army - Paso Robles & Atascadero
 Templeton Community Services District
 The North County Humane Society
 The Wellness Community - Paso Robles

SOUTH COUNTY OPPORTUNITIES

Aspiranet - Grover Beach
 California Welcome Center - Pismo Beach
 Captive Hearts Recovery
 Clark Center Association - Arroyo Grande
 Dana Adobe Nipomo Amigos
 Grover Beach Chamber of Commerce
 Grover Beach Police Department
 Home for Wayward Turtles & Tortoises
 Lisa Ray's Donation Group - Arroyo Grande
 Nipomo Native Garden
 Salvation Army - South County
 The American Cancer Society - Arroyo Grande
 The Dana Adobe - Nipomo
 The Exploration Station - Grover Beach
 The Nipomo Food Basket
 The Pismo Beach Chamber of Commerce
 The South County Historical Society

Santa María/Northern Santa Barbara County Opportunities

Buellton

Buellton Senior Center & Thrift Store
 Country Garden Catering

Guadalupe

Guadalupe Family Services Center
 Guadalupe Union School District

Lompoc

LaPurísima Mission
 Lompoc Adult Services
 Lompoc Auxiliary Gift Shop
 Lompoc Comprehensive Care Center
 Lompoc Department of Motor Vehicles
 Lompoc Food Pantry
 Lompoc Police Department
 Return to Freedom Wild Horse Sanctuary

Los Olivos

Wildling Art Museum

Old Orcutt/Orcutt

W.I.L.D.E.S. (Broken Spoke)

Santa María

Area Agency on Aging
 American Red Cross
 Alliance Pharmaceutical Access
 Braille Institute
 Buellton Thrift Annex
 California Conservation Corps
 CASA of Santa Barbara County
 Catholic Charities
 Center for Employment Training
 Central Coast Literacy Council
 Central Coast Rescue Mission
 City of Santa María Recreation & Parks
 Coastal Voices
 Country Oaks Care Center
 Community Partners in Caring
 Family Care Network
 Food Bank of Santa Barbara
 GenSpan Foundation
 Good Samaritan Shelter
 Habitat for Humanity
 HICAP
 Marian Hospice
 Merrill Gardens
 North County Rape, Crisis & Child Protection Center
 Parks & Recreation & Urban Forestry
 PCPA Marian Severson Theatres
 Peoples Self-Help Housing
 RSVP
 Salvation Army
 Santa María Arts Council
 Santa María Chamber of Commerce
 Santa María Museum of Flight
 Santa María Philharmonic Society
 Santa María Police Department
 Santa María Public Library
 Santa María Terrace
 Santa María Valley Discovery Museum
 Santa María & Santa Ynez - Meals on Wheels
 Santa María Valley Humane Society
 United Way

Vandenberg

Retirees Activities Office at Vandenberg

What's going on around here?



June 15, 2011 IS THE ALL DAY WEDNESDAY EVENT FOR THE BENEFIT OF SENIOR VOLUNTEER SERVICES/RSVP - IT'S CALLED 5% WEDNESDAY AND WE WILL RECEIVE 2.5% OF NET SALES FOR THAT DAY. This is our second opportunity this year as we share a percentage of the net PROCEEDS OF THE DAY with another non-profit agency. PLEASE PLAN TO SHOP AT THE NEW STORE LOCATED AT 1531 FROOM RANCH WAY, NEXT TO T.J. MAXX (OFF LOS OSOS VALLEY ROAD), SAN LUIS OBISPO.
SEE YOU THERE!

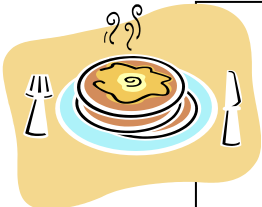


3RD Annual Raffle June 24 - August 26, 2011

Ticket Prices
\$5.00 per ticket or
5 tickets for \$20.00

PRIZES: -

- 1st Prize - Trip for Two to Hawaii
- 2nd Prize - \$1,000 worth of Gasoline
- 3rd Prize - Overnight stay at the Seacrest, Pismo Beach with tickets for two at the Melodrama



Breakfast at Applebee's in San Luis Obispo
Saturday, July 9, 2011

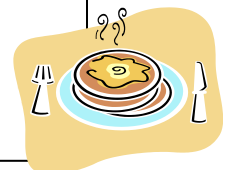
8:00 A.M. TO 10:00 A.M.

Tickets \$7.00

Hosted by RSVP Volunteers

&

Senior Volunteer Services Board Members



RSVP

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Publication of the Volunteer's Voice is made possible by Silver Streaks (folding and sorting for bulk mail). Published every 4 months by - RSVP of the Central Coast.

Senior Volunteer Services
660 Pismo Street
San Luis Obispo, CA 93401

Nonprofit Organization
US Postage
PAID
San Luis Obispo, CA
PERMIT No. 207

6. May – June – July – August 2011

THE VOLUNTEER'S VOICE

RSVP Recognition Events Donors & Supporters



We are very grateful to all those who have supported us so far this year. If you would like to make a donation, regardless of the amount, you will be listed in our next newsletter. Many small donations help us make up our funding loss. Anything you give is fully tax-deductible (our non-profit ID is 77-0433542). You can also donate through our website at www.RSVPCentralCoast.org. Thank you for your continuing commitment to RSVP!



Amore
Arroyo Grande Chamber of Commerce
Mark Asmus/Shift Salon
Steve Austin *
Barbara & Ellen Barker *
Bernadine & John Barrow *
Evelyn Beaulé
Marie & Bill Brinkmeyer *
California Welcome Center
Cayucos Senior Citizens Club
Central Coast Literacy Council
Chamisal Vineyards
Pearl Cole
Crushed Grape
Cypress Ridge Golf Course
Doc Burnstein's Ice Cream Lab
Genspan Foundation
James Gentilcore
Donna Govednik
Hearst Castle & National Geographic Theater
Doris Highland *
House of Bread
Pat and Zaf Iqbal *
J. Lohr Vineyards & Wines
Justin Vineyard & Winery
Kelsey See Canyon Vineyards
Las Brisas
Leanne's Spa
joyce ellen lippman
Long Term Care Ombudsman Services
Madonna Inn Bakery
Diane Maiorano *
Manse on Marsh, The
Marco Polo



Marie Callendar's
Lynn & Bob McGill *
F. McLintocks Saloon & Dining Room
Betty Milne
Morovino
Tonny & George Murray *
New Frontiers Natural Marketplace
Palm Theater
PCPA Theaterfest
Per Bacco Cellars
Piedra Creek Winery
Susan Polk Insurance
Premium Outlets
Paul Provence
RSVP
Salisbury Vineyards
San Luis Obispo Little Theatre
San Luis Sourdough
SESLOC Federal Credit Union
SLO Lions Club
SLO Nightwriters
Diane & Larry Smyth
Splash Café & Artisan Bakery
Sylvester Vineyards & Winery
The Gathering at Santa Maria (Bill Ward) *
The Library Shop
The Quarterdeck
Trader Joe's – Orcutt
Trader Joe's - SLO
Vina Robles
Anne & Jim Wall *
Mary Williams
Dorothy Yelda *



*PAC/SVS Board Members/Staff